

Personal Productivity Workshop

Most people find that they wish they had more time in a day. This workshop will show participants how to organise their lives and find those hidden moments. Participants will learn how to establish routines, set goals, create an efficient environment, and use time-honored planning and organisational tools to maximise their personal productivity.

Personal Productivity is a goal most of us have. Through this workshop your participants will be on the right track in achieving that goal. Some people blame everything that goes wrong in their life on something or someone else, but through this workshop your participants will take ownership and begin to lead a more productive life.

Workshop Objectives:

- Set and evaluate SMART goals
- Use routines to maximise productivity
- Use scheduling tools to make the most of available time
- Stay on top of a to-do list
- Start new tasks and projects on the right foot
- Use basic project management techniques
- Organise physical and virtual workspaces for maximum efficiency
- Take back time from e-mail and handheld devices
- Beat procrastination



For more information
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