

Developing Creativity Workshop

Children have an innate creative ability when they are born, but for some reason adults can lose it along the way. Your participants will move out of the mundane, be more curious, engage, and explore new ideas. Recognise creativity and be ready when it happens.

With our Developing Creativity course your participants will learn how to remove barriers that block or limit their creativity. They will improve their imagination, divergent thinking, and mental flexibility. Participants will learn mind mapping, individual brainstorming, and when to recognise and look for what inspires them to be more creative.

Workshop Objectives:

- Define creativity
- Act with confidence
- Engage in curiosity
- Stop acting out of fear
- Learn from introspection
- Take risks



For more information
contact:
info@idealtraining.co.za
+27(0)13 7411 660
Mon-Fri 08H00-12H00

Linda Brenchley +27 (0) 823373992
Hons BCom (Industrial Psychology) / MSocSC (Industrial Psychology)

Marilize Heyneke +27 (0)82 773 1506
Hons B.Ed (Education Management & Law)